



Trauma Seminar

Perth, Western Australia

Monday March 12 2012

Richard Boyd – Body Mind Psychotherapist
Director of IBMP and Energetics Institute
MBA, PGrad, BA IP, Dip Commerce
Adv. Dip. & Dip. Core Energetics Psychotherapy
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Trauma has been a little understood condition until very recently. This debilitating condition has a devastating effect on the affected person's subsequent physical, mental, emotional and spiritual health, and cripples their ability to socialize, work and function in the world.

It is now being increasingly understood how sensitive babies and children are to hurts, overwhelm, abuse and neglect and how such trauma sets them up for a compromised life as an adult. Traumatized adults often use coping techniques such as drugs, alcohol and stimulation to cope but they create new issues as a result.

This seminar explains the most recent trauma model and an overview of why trauma creates the chaos and suffering that dogs survivors. You will learn the differences between event and episodic trauma, developmental trauma, and how some disorders and illnesses have trauma as their primary causes. It is suitable for sufferers and their loved one and carers.

Learn how our technological society creates potential trauma triggers as well as refuge for those affected by trauma. Learn how Neuroscience is revealing just how damaging the effects of trauma can be.

Learn how as adults you may now be retraumatizing yourself in your habits, relationships and lifestyle. Learn the impact trauma has on how adults approach relationships and work.

The facilitator Richard Boyd is an experienced somatic psychotherapist who practices Integrative Body Mind Psychotherapy™ in Perth, Western Australia.

Dome Cafe Maylands is the old Peninsular Hotel, and is the large 2 storey red brick Federation building opposite the train station in Maylands, Perth. It is open until 7pm serving teas, coffees and full meals.

This seminar is one of a series designed to educate the community in certain aspects of mind-body science or key societal issues that have a psychological relevance.



Booking Information

When: Monday March 12 2012
6.30pm to 8pm

Where: The Function Suite (Upstairs)
The Rise
28 Eight Ave.
Maylands
Perth
Western Australia

Cost: \$20

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RSVP before Friday March 9 if you plan on coming along