



Body Mind Process Group

Perth, Western Australia
February 15 to May 23 2012

**Richard Boyd – Body Mind Psychotherapist
Director of IBMP and Energetics Institute**
MBA, PGrad, BA IP, Dip Commerce
Adv. Dip. & Dip. Core Energetics Psychotherapy
Cert. Sensorimotor Trauma Resolution Therapy
Cert. Transpersonal Counselling
Cert. Executive Coaching AICM
Extended DISC Personality Profile Tool Accreditation

It is innate in the human experience to reach out to others. We have a deep need at a spiritual and emotional level to reach out and connect and to share our reality and experiences with other. Unfortunately in our current society, our ability to connect with others is often wounded or damaged, whether it be in a family, romantic, social or work setting.

We are emotionally wired towards an inclination to group into tribes and associations. The current scientific thinking, as well as traditional shamanic healing, emphasizes the importance of groups to witness, support and facilitate deep healing of the individual. Richard offers a profound healing process via the safe and supportive container of a group of like-minded individuals who come together to heal and to support and witness others healing. We facilitate a deep bodymind process of cognitive realization, family constellation work, coupled with deep affective body energy release, using psychodynamics, voice dialogue and other techniques to undo blocks in the body energy and musculature, correct distortions in thinking and behavioural patterns and heal psychosomatic illness from emotional and energetic causes.

This group is open to participants sincerely committed to self exploration, who desire to further their evolutionary process. Richard will facilitate the evolution of your process. While in "Process", you will work on specific issues that you may struggle with everyday. If you have not dealt with the issues beforehand, even though you have worked on them, then perhaps you were not ready then. Or the issue may have layers and now is your time to go deeper. You will be guided by Richard and supported by the group in a way that honours your soul and keeps you safe. You will gain inner strength, confidence and power. Your heart will open and your life and vitality will expand even more.

For someone new to Integrative Body Mind Psychotherapy, it is necessary to be interviewed initially by the facilitator.

Process Group Ground Rules

- The process group is open to anyone on their healing journey even if using other modalities.
- Please ring/email to confirm attendance since numbers are limited to 8 maximum.
- You may leave at any time, however you must commit to attending one last session to have closure with the group.
- You are required to contribute to the discussions and activities at each session.
- You are required to pay the fee for any missed sessions when you are unable to attend.

Information & Registration

When: Every 2nd Wednesday evening, starting Feb 15
6.30pm to 9.30pm – Arrive at 6.20pm

Venue: 82 Tenth Ave.
Inglewood
Perth, Western Australia

Cost: \$75 per night

Wear: Loose Gym Style Clothing

Food: Snacks, teas and coffees provided

Tel: 08 93702341
040 7577793

Email: info@energeticsinstitute.com.au

Web: www.energeticsinstitute.com.au