



Narcissism and Borderline Personality Workshop

Perth, Western Australia
January 28 & 29 2012

Narcissism and Borderline Personality Disorder create ongoing issues for their relationship partners, families, and work colleagues. Those in support of sufferers of Borderline Personality Disorder (BPD) and Narcissism suffer from ongoing anxiety/trauma and low self-esteem based in their personality, ranging from confusion, self-blame, to addictions like alcohol, drugs, and food.

Narcissism and sufferers of BPD need support to understand their chaos, trauma, false self and denial of feelings. A victim of one of these personalities is often not believed by others who are deceived into seeing their partners or offending work superiors as charismatic, high achievers, or admirable people. Living with a Narcissist or someone with BPD can severely impact quality of life, relationships, work and health of loved ones.

Learn how to empower yourself to recover from the thinking and beliefs that bring on and reinforce these debilitating conditions, and to disable your own unhealthy forms of caretaking or enabling of these personalities. Learn how the latest body mind knowledge relates to these trauma states and how they manifest in the body and the mind. Learn the daily techniques to cope and disarm the Narcissist or Borderline person in your life, and how to live with a partner or in a family coping with these disorders.

Invest 2 days in yourself and take these tools back into your daily life and start to reclaim your life, self-esteem and your sanity!!

The facilitator Richard Boyd is an experienced somatic psychotherapist who practices Integrative Body Mind Psychotherapy™ in Perth, Western Australia.

Dome Cafe Maylands is the old Peninsular Hotel, and is the large 2 storey red brick Federation building opposite the train station in Maylands, Perth.

Richard Boyd – Body Mind Psychotherapist
Director of IBMP and Energetics Institute
MBA, PGrad, BA IP, Dip Commerce
Adv. Dip. & Dip. Core Energetics Psychotherapy
Cert. Sensorimotor Trauma Resolution Therapy
Cert. Transpersonal Counselling
Cert. Executive Coaching AICM
Extended DISC Personality Profile Tool Accreditation



Booking Information

- When:** January 28 & 29, Saturday & Sunday
9am to 5pm (Arrive at 8.45am sharp)
- Where:** The Ballroom
Dome Café Maylands
219-221 Railway Pde.
(corner of Eight Ave. and Railway Pde.)
Maylands
Perth, Western Australia
- Wear:** Loose comfortable clothing
- Cost:** \$500 or \$450 Early Bird by January 21
- Includes:** Handouts and Refreshments
- Tel:** 08 93702341 040 7577793
- Email:** info@energeticsinstitute.com.au
- Web:** www.energeticsinstitute.com.au