



## Healthy Relationships Workshop

Perth, Western Australia  
March 10 & 11 2012

**Richard Boyd – Body Mind Psychotherapist**  
**Director of IBMP and Energetics Institute**  
MBA, PGrad, BA IP, Dip Commerce  
Adv. Dip. & Dip. Core Energetics Psychotherapy  
Cert. Sensorimotor Trauma Resolution Therapy  
Cert. Transpersonal Counselling  
Cert. Executive Coaching AICM  
Extended DISC Personality Profile Tool Accreditation

Society is in crisis with unprecedented rates of marriage and relationship breakdown. True intimacy seems to be elusive and finding love is turning to despair. Certain unconscious attitudes and beliefs we conclude in childhood set us up to attract the same disappointing, emotionally unavailable, or betraying partners. We do not see how we unconsciously attract or are attracted to dysfunctional partners, or why.

When we are in relationship with another our own unresolved fears, hurts and distortions are activated. We then relate to the other from a defended place and this eventually crushes the life force out of the relationship.

This workshop is suitable for couples and singles. You will learn the steps to manifesting and then sustaining intimacy and love in adult relationships, so that there is true equality, vulnerability, deep intimacy, and mutual growth. See the relationship between love, intimacy, sex and eros, and how they impact your health.

What is the purpose of “chemistry” and “charisma” that we look for in others? Learn what are the 4 foundational steps and stages of connecting to others and what goes wrong to sabotage intimacy in this 4 stage journey.

Find out how the western romantic notions of love set us up to be wounded in relationships. Learn how our parental attachment in the infancy and oedipal phases of childhood impact our later adult relationship capabilities. Learn the differences between Romantic Love and Mature Love. Develop stronger, effective communication, stay authentic and increase your confidence to address whatever challenges arise.

The facilitator Richard Boyd is an experienced somatic psychotherapist who practices Integrative Body Mind Psychotherapy™ in Perth, Western Australia.

Dome Cafe Maylands is the old Peninsular Hotel, and is the large 2 storey red brick Federation building opposite the train station in Maylands, Perth.



### Booking Information

- When:** March 10 & 11, Saturday & Sunday  
9am to 5pm (Arrive at 8.45am sharp)
- Where:** The Ballroom  
Dome Café Maylands  
219-221 Railway Pde.  
(corner of Eight Ave. and Railway Pde.)  
Maylands, Perth, Western Australia
- Wear:** Loose comfortable clothing
- Cost:** \$500 or \$450 Early Bird by Mar 3 (Single)  
\$850 or \$800 Early Bird by Mar 3 (Couple)
- Includes:** Handouts and Refreshments
- Tel:** 08 93702341 040 7577793
- Email:** [info@energeticsinstitute.com.au](mailto:info@energeticsinstitute.com.au)
- Web:** [www.energeticsinstitute.com.au](http://www.energeticsinstitute.com.au)