



## Body Reading Fundamentals Workshop

Perth, Western Australia  
August 25 & 26 2012

The most recent advances of neuroscience, cellular biology, and bodymind related sciences now provide us with a fascinating framework into the way our physical body is shaped via our own experiences from conception, into childhood, and through adulthood. Our bodies tell us our life story and are not entirely an accidental outcome of our genes.

Therapists, healers, and members of the public will all benefit from attending this 2 day educational and experiential seminar workshop. You will gain a basic insight into observing and reading each others bodies, posture, and how these shape both our unconscious and conscious minds, our perceptions, and how this impacts our physical, mental and emotional states of health.

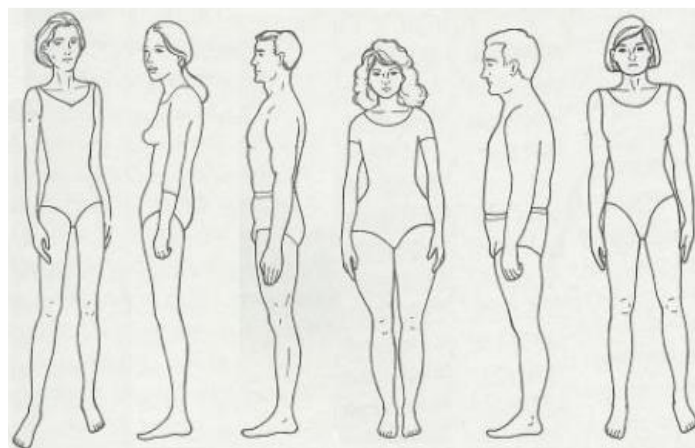
Learn the basics of how to read your own and others bodies and understand their message to you. Come and experience how your unconscious mind is not just in part of your brain, but also in the body itself. Be amazed at how our mind impacts the body and how our body informs the mind, setting up our subjective realities. Learn what role Epigenetics plays in your development and ongoing health and DNA composition.

Learn what role energy plays in this bodymind equation and how to become more grounded and in the present moment, so creating the basis for health, happiness, enhanced awareness and vitality. See how muscular and energetic blocks create defences in consciousness. Learn when dealing with others what key driving principles guide their approach to life, their personality and what strengths and potentials they possess, as well as what constraints and issues may be present for them.

Come home to yourself in this fascinating integrative bodymind workshop!!

Dome Cafe Maylands is the old Peninsular Hotel, and is the large 2 storey red brick Federation building opposite the train station in Maylands, Perth.

**Richard Boyd – Body Mind Psychotherapist**  
**Director of IBMP and Energetics Institute**  
MBA, PGrad, BA IP, Dip Commerce  
Adv. Dip. & Dip. Core Energetics Psychotherapy  
Cert. Sensorimotor Trauma Resolution Therapy  
Cert. Transpersonal Counselling  
Cert. Executive Coaching AICM  
Extended DISC Personality Profile Tool Accreditation



### Booking Information

- When:** August 25 & 26, Saturday & Sunday  
9am to 5pm (Arrive at 8.45am sharp)
- Where:** The Ballroom  
Dome Café Maylands  
219-221 Railway Pde.  
(corner of Eight Ave. and Railway Pde.)  
Maylands  
Perth, Western Australia
- Wear:** Loose comfortable clothing
- Cost:** \$500 or \$450 Early Bird by August 18
- Includes:** Handouts and Refreshments
- Tel:** 08 93702341 040 7577793
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